

2 The Gift of Prayer

Sunday, January 20

1. What the Gift of Prayer Is

2. Forms of Prayer, Free or Conceived Prayer, and Praying Extempore

3. The Content of Prayer

4. The Method of Prayer

5. Expression in Prayer

6. The Voice in Prayer

7. Gesture in Prayer

8. Family Prayer

9. Grace Before and After Meals

10. General Directions of the Gift of Prayer