

# 5 Words from Philippians

Worthy  
Humility  
Rejoice

*Philippians 4:4*

1. \_\_\_\_\_ !

Joy is:

2. \_\_\_\_\_ !

## How to fight for joy:

- 1.
- 2.
- 3.
- 4.

## for discussion

- In your own words explain: what is joy? What is the difference between joy, happiness, and having fun?
- Name a few people who seem particularly joyful. How can you tell if a person is joyful? Have you ever seen someone who was joyful in a hard trial? How do you explain that?
- What does it mean to "rejoice in the Lord"? How does a person actually do this?
- Let's evaluate the level of joy in our lives. Where was the joy-o-meter this past week?
- What are joy-killers in your life?
- What can you do this week to fight for joy?

and I lived for all those who  
live right in the  
for the alive but for the who for  
their abided and wa's raised.

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